

漫步山林

Walk in the mountains

立歷在木

Stand tree in history

intern

組員：保健系 蕭文昕Rosaline

護理系 王柏硯Roby

幼教系 翁靖雯Ruby

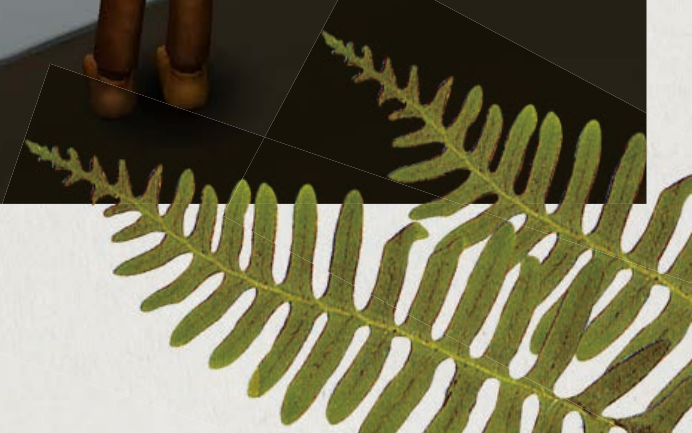
醫技系 余秋萱Sandy

心理系 洪斯涵Nini

健管系 陳恩佑Ivan



虛擬展覽 (GOXR)



海報設計展示

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SDGs 相關指標：1. 三月中，但天氣卻非常炎熱，所以探討人為對於氣候的變化



The weather is scorching hot in mid-March, so we discuss the change in the Anthropogenic climate.

2. 發現了許多人為垃圾，所以可以探討如何保育生態環境

Much human waste is found, and we can discuss how to conserve the ecological system.

梁啟超足跡的望月峰→百萬夜景觀景台→阿罩霧山小百岳→櫻花林步道

場域特色：看見許多都市裡看不見的田園景觀、自然生態，進入山林後，感覺時間過得很慢，使人放鬆身心。

Join this activity you can see a green parcel of landscape and natural ecology, after taking a walk in the mountain, you will feel all tempo slow down and chill out.



阿罩霧山的美



路邊的花



被汙染的水溝



鳳梨田



我所看見的美
(The Beauty) :

多到處走走有益身體健康
Walking is good and can make us healthier.

江山如畫、綠樹成蔭
The surrounding is beautiful and picturesque.
天高氣爽
The air is pure and fresh.

What are some creative ways to solve the issue? :

以走路或騎腳踏車代替交通工具，漸少溫室氣體排放量
Walking or cycling instead of transportation to reduce greenhouse gas emissions
定期舉辦淨山活動
Hold mountain cleaning activities recently

我所看見的愁 (The Sorrow) :
水溝無定時整理導致髒亂

The ditches aren't cleaned up regularly, resulting in a mess.
許多農夫為了種植鳳梨而砍伐樹木

Many trees were cut down to plant the pineapple trees.
CO2 濃度太高導致視野不清晰
The concentration of CO2 is too high causing the problem with vision.

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目的：希望透過步行代替交通工具以及保護樹林來減少二氧化碳的排放，減緩全球暖化的惡化，並且舉辦定期淨山活動，在保護環境的過程中，也讓更多人發現山中的美貌，藉此來多推廣保育生態環境。

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...the future was unclear. If
...the island being brought back to life anyway, I had

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樹木

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CO2濃度太高導致全球暖化
The concentration of CO2 is
too high causing global
warming.



心得

SDGs指標，是將社會上所見的問題分爲17類，並且以永續發展作爲目標。在藉由探勘尋找SDGs指標的靈感時，使我們更能發現平常不易察覺的微小問題，例如氣候暖化、環境汙染問題。也因為爲了尋找靈感，我們才能到戶外走走，享受大自然、放鬆身心。現在的人大部分會因爲運動不足造成免疫力下降，這次的探勘除了理解這世界的冰山一角，也可以讓身心得到鍛煉使得變的更佳健康。

intern





THANK YOU

